

APRIL

Leicester Middle School

What Makes a Lunch?

Select 3-5 Components



One must be a



Students MUST take AT LEAST 3 out of 5 meal components to be considered a Complete meal. A ½ cup Fruit or ½ cup Vegetable is MANDATORY W/ a meal.

The 5 components to choose from Are: Meat/Meat Alternate, Grain, Milk, Fruit, and Vegetable.

Milk is FREE W/ a School Meal. Purchased separately Milk is \$.60.

Great News!

As Participants in the Community Eligibility Provision All Middle School Students receive Breakfast & Lunch for FREE!

Menus as well as other Food service Information, including our Non-Discrimination statement, are available on line: www.lpsma.net/departments/foodservice

Food service director: Barry Sbordy bsbordyb@lpsma.net

Alternate/ Vegetarian meals include: Fruit, Vegetable, Non-fat milk

MONDAY

1 Chicken Sliders
Plain or w/ Cheese
Lettuce & Tomato, Waffle
Fries, Three Bean Salad
Assorted Fresh Fruit

ALTERNATE ENTRÉE
Cheese/Hamburger

8 Breaded Chicken
Drumsticks W/
Sweet Potato Tots
Herbed Green Beans
Assorted Fresh Fruit

ALTERNATE ENTRÉE
Grilled Cheese

15 Spring
Vacation

No School

22 Creamy Mac-N-
Cheese W/ WG Roll
Ranch Roasted Broccoli
Assorted Fresh Fruit

ALTERNATE ENTRÉE
Chicken Nuggets

29 Chicken Fajitas
WG Soft Shell Tortillas
Peppers, Tomato, cheese
Salsa, Sour Cr., Guacamole,
Roasted Corn & Blk. Bean,
Pears

ALTERNATE ENTRÉE
Beef & Cheese Taco Stick

TUESDAY

2 Tater Tot Nachos
Seasoned Ground Beef
Nacho Cheese Sauce,
Lettuce, Tomato, Salsa &
Sour Cream over Tater Tots,
Roasted Corn & Peppers, Grapes

ALTERNATE ENTRÉE
Pizza Taco Bites

9 Hot Dog on WG
Roll, W/ chili & Cheese
Topping, Baked Beans,
Potato Wedges, Carrot Salad

ALTERNATE ENTRÉE
Chicken Pattie

16 Spring
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No School

23 Chili Cornbread Bowl
Seasoned Ground Beef
W/ Red Kidney & Black Beans
WG Cornbread topped W/
Cheddar Cheese & diced onion
Baked Plantain Slices

ALTERNATE ENTRÉE
Chicken Quesadilla Pizza

30 Popcorn Chicken
Bowl W/
Mashed Potato, corn,
Gravy & Cheddar Cheese
WG Dinner Roll
Peach Cup

ALTERNATE ENTRÉE
Pizza

WEDNESDAY

3 Chicken Parmesan
Sandwich
Romaine Salad W/
Caesar Dressing
Italian Baby Potatoes
Peach Cup

ALTERNATE ENTRÉE
Pizza

10 BBQ Chicken
Nachos W/ Cheese
Lettuce, tomato, salsa,
Sour Cr., Guacamole
Mexicali Corn, Pears

ALTERNATE ENTRÉE
Beef & Bean Burrito

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24 BBQ Rib Sandwich
WG Hoagie Roll
Sweet Potato Gems
Baked Beans, Cole Slaw
Mandarin Orange Cup

ALTERNATE ENTRÉE
Pizza

THURSDAY

4 Shepherd's Pie
Honey Dilled Carrots
WG Dinner Roll
Strawberry Cup

ALTERNATE ENTRÉE
Grilled Cheese

11 Sweet & Sour
Chicken
Vegetable Fried Rice
Roasted Broccoli in a
Savory Asian Sauce
Mandarin Orange Cup

ALTERNATE ENTRÉE
Vegetable Egg Rolls

18 Spring
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25 Brunch @ Lunch
Egg, Sausage & Cheese
on a WG Croissant,
Hash Brown Patty
Fresh Carrot Sticks
Fresh Fruit Cup

ALTERNATE ENTRÉE
Chicken Tenders

FRIDAY

5 Cheesy Pizza Bites
W/ Dipping Sauce
Fresh Garden Salad W/
Grape Tomato, Fruit Cup

ALTERNATE ENTRÉE
Turkey Bacon & Cheese
Panini

12 Mozzarella Sticks
W/ Marinara Sauce
Spinach Salad w/ Tomato
Three Bean Salad
Apple Sauce Cup

ALTERNATE ENTRÉE
Pizza

19 Spring
Vacation

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26 Cheese Lasagna
Garlic Bread
Romaine Salad W/
Caesar Dressing
Mixed Fruit Cup

ALTERNATE ENTRÉE
Pepperoni Calzone