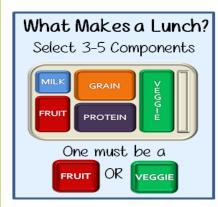
Leicester Middle School



Students MUST take AT LEAST 3 out of 5 meal components to be considered a Complete meal. A ½ cup Fruit or ½ cup Vegetable is MANDATORY W/ a meal. The 5 components to choose from Are: Meat/Meat Alternate, Grain, Milk, Fruit, and Vegetable.

Milk is FREE W/ a School Meal. Purchased separately Milk is \$.60.

Great News!

As Participants in the **Community Eligibility Provision All** Middle School Students receive Breakfast & Lunch for FREE!

Menus as well as other Food service Information, including our Non-Discrimination statement, are available on line: www.lpsma.net/department/foodservice Food service director: Barry Sbordy

Alternate/ Vegetarian meals include: Fruit, Vegetable, Non-fat milk

MONDAY

Chicken Sliders Plain or w/ Cheese Lettuce & Tomato, Waffle Fries. Three Bean Salad Assorted Fresh Fruit

ALTERNATE ENTRÉE Cheese/Hamburger

Breaded Chicken Drumsticks W/ **Sweet Potato Tots** Herbed Green Beans Assorted Fresh Fruit ALTERNATE ENTRÉE Grilled Cheese

Spring

Vacation

No School

TUESDAY

Tater Tot Nachos Seasoned Ground Beef Nacho Cheese Sauce. Lettuce, Tomato, Salsa & Sour Cream over Tater Tots. Roasted Corn & Peppers, Grapes ALTERNATE ENTRÉE

Pizza Taco Bites

Hot Dog on WG Roll, W/ chili & Cheese Topping, Baked Beans, Potato Wedges, Carrot Salad **Apple Slices** ALTERNATE ENTRÉE

Chicken Pattie

Spring

Vacation

No School

WEDNESDAY

Chicken Parmesan Sandwich Romaine Salad W/ Caesar Dressing **Italian Baby Potatoes** Peach Cup ALTERNATE ENTRÉE

Pizza

BBO Chicken Nachos W/ Cheese Lettuce, tomato, salsa. Sour Cr., Guacamole Mexicali Corn, Pears ALTERNATE ENTRÉE Beef & Bean Burrito

Spring

Vacation

No School

Shepherd's Pie Honey Dilled Carrots WG Dinner Roll Strawberry Cup

THURSDAY

ALTERNATE ENTRÉE Grilled Cheese

Sweet & Sour Chicken Vegetable Fried Rice Roasted Broccoli in a Savory Asian Sauce Mandarin Orange Cup ALTERNATE ENTRÉE

Vegetable Egg Rolls

Spring Vacation

No School

Vacation

Creamy Mac-N-Cheese W/WG Roll Ranch Roasted Broccoli **Assorted Fresh Fruit**

ALTERNATE ENTRÉE Chicken Nuggets

Chili Cornbread Bowl **Seasoned Ground Beef** W/ Red Kidney & Black Beans WG Cornbread topped W/ Cheddar Cheese & diced onion **Baked Plantain Slices**

ALTERNATE ENTRÉE Chicken Quesadilla Pizza

BBQ Rib Sandwich WG Hoagie Roll **Sweet Potato Gems** Baked Beans, Cole Slaw Mandarin Orange Cup ALTERNATE ENTRÉE

Pizza

Brunch @ Lunch Egg, Sausage & Cheese on a WG Croissant. Hash Brown Patty Fresh Carrot Sticks Fresh Fruit Cup

Chicken Tenders

Cheesy Pizza Bites W/ Dipping Sauce Fresh Garden Salad W/ Grape Tomato, Fruit Cup ALTERNATE ENTRÉE

FRIDAY

Turkey Bacon & Cheese Panini

Mozzarella Sticks W/ Marinara Sauce Spinach Salad w/ Tomato Three Bean Salad **Apple Sauce Cup** ALTERNATE ENTRÉE

Pizza Spring

No School

26 Cheese Lasagna Garlic Bread Romaine Salad W/ Caesar Dressing Mixed Fruit Cup ALTERNATE ENTRÉE

ALTERNATE ENTRÉE Pepperoni Calzone

Chicken Fajitas WG Soft Shell Tortillas Peppers, Tomato, cheese Salsa, Sour Cr., Guacamole, Roasted Corn & Blk. Bean,

> **Pears** ALTERNATE ENTRÉE

Beef & Cheese Taco Stick

Popcorn Chicken Bowl W/

Mashed Potato, corn, Gravy & Cheddar Cheese WG Dinner Roll Peach Cup ALTERNATE ENTRÉE

Pizza

© 2023 Simply Good Food, LLC